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MADISON COUNTY DEPARTMENT *of* HEALTH

Dr. John B. Endres, President of Board of Health

Madison County: Updated Guidance for COVID-19 Isolation and Quarantine

Issued January 7, 2022ⁱ

Isolation for the General Population

Isolation keeps someone who is **infected** with COVID-19 away from others. Anyone who tests positive for COVID-19 **regardless of vaccination status** must isolate.

- Isolate for 5 days (where day 0 is the day symptoms started, or day you test positive if you don't have symptoms).
- If you have remained symptom-free or if symptoms are resolving, you can end isolation after 5 days. (Loss of taste and smell may persist for weeks or months after recovery and should not delay the end of isolation).
- If you continue to have a fever or your other symptoms have not improved after 5 days of isolation, you should wait to end your isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.
- You should continue to wear a [well-fitting mask](#) around others at home and in public for 5 additional days (day 6 through day 10) after the end of your 5-day isolation period.
- If you are [moderately to severely immunocompromised](#), isolate for 10 days.
- Individuals [not able to wear mask](#) should isolate for 10 days.

Quarantine for the General Population

Quarantine keeps someone who was **exposed** to COVID-19 away from others. If you have been in **close contact** with someone with COVID-19, quarantine as follows, where day 0 is the last date of exposure:

- If not [fully vaccinated*](#) or fully vaccinated and [eligible for a booster](#) but not yet boosted, quarantine for 5 days and **wear a well-fitting mask** while around others for an additional 5 days.
- If [fully vaccinated and boosted](#) (with the booster at least 2 weeks before the first date of exposure) or fully vaccinated and not yet [eligible for a booster](#), no quarantine is required.
- If you have recovered from COVID-19 in the last 90 days, no quarantine is required.
- You should wear a [well-fitting mask](#) around others for 10 days from the date of your exposure.
- If possible, get tested at day 5. If you test positive, isolate according to the guidance above.
- Individuals should seek testing if they develop any symptoms of COVID-19. If test is negative, they should continue the quarantine period and reach out to their doctor for further evaluation. If test is positive, they should follow isolation protocol.

*Vaccination Definitions for Quarantine Determinations:

Fully Vaccinated:

- You are considered fully vaccinated two weeks after your second dose of Pfizer or Moderna vaccine, or two weeks after a single dose of the Johnson & Johnson vaccine and
- Are not yet eligible for a booster

Fully Vaccinated and Boosted:

- You are fully vaccinated as defined above, and
- You received the booster dose at least 2 weeks before the first date of exposure

Vaccine Eligibility: Ages 5-11: Two doses of Pfizer (21 days apart); these ages are not eligible for a booster.

Ages 12-17: Two doses of Pfizer (21 days apart); booster 5 months after second dose.

Ages 18+: Two doses of Pfizer (21 days apart); booster 5 months after second dose OR
Two doses of Moderna (28 days apart); booster 6 months after second dose
OR
Single dose of Johnson & Johnson; booster 2 months after single dose

Additional Dose for Some Immunocompromised People:

Some moderately or severely immunocompromised people ages 5+ should get a third dose of vaccine to be considered fully vaccinated. [If you are eligible](#), you should get this additional dose 28 days after your second dose of Pfizer or Moderna vaccine and before you get a booster shot. Consult with your healthcare provider for further guidance.

Special Populations

K-12 Schools

- Same isolation and quarantine guidelines as for the general population, and supersedes the Madison County Isolation and Quarantine Guidance for Madison County Schools – September 8, 2021.

High-Risk Congregate Setting (correctional facilities, shelters, etc.)

- CDC recommends a 10-day quarantine for residents, regardless of vaccination and booster status.
- During periods of critical staffing shortages, facilities may follow the [NYSDOH guidance issued December 24, 2021](#) regarding staff returning to work to ensure continuity of operations.
- **Healthcare Workers**
- [See NYSDOH Interim Advisory on Return-to-Work Protocols for Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2 in Healthcare Settings issued 1-4-22.](#)

ⁱ Adopted from guidance issued on January 4, 2022 from:

- [New York State Department of Health](#)

Adopted from guidance issued on January 4th and 6th, 2022 from: Centers for Disease Control and Prevention

- January 4, 2022 – [Quarantine & Isolation](#)
- January 6, 2022 – [Overview of COVID-19 Quarantine for K-12 Schools](#)