

NOVEMBER 2018

Oneida City Schools

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know...

Scorpio and Sagittarius are the astrological signs for November. Birthdays from November 1st through the 21st fall under the Scorpio sign. November 22nd through November 30th birthdays fall under the sign of Sagittarius.

5

Hot Dog on a Bun
Tator Tots
Baked Beans
Fruit

6

Beefy Soft Tacos/Cheese
Romaine Lettuce/Tomatoes
Salsa, Corn
Apple/Fruit Cup

7

Pepperoni OR Garlic Pizza
Carrot Cup/Dip
Assorted Fruit Cup

8

Chicken Fajita With WG Tortilla/Cheese
Lettuce, Tomato, Salsa
Broccoli
Grapes/Fruit Cup

9

Pizza Crunchers
Marinara Sauce
Sweet tots
Assorted Fruit

12

Veteran's Day

No School

13

Sampler Lunch
Chicken Strip/Mozz Stick
Marinara Sauce/Dip
Peas /WG Roll
Fruit Cup/Orange

14

Cheese OR Garlic Pizza
Carrot Sticks/ Dip
Assorted Fruit Cup

15

Deli Style
Turkey or Tuna Salad
Romaine Lettuce, Tomato
Sweet Potato Tots
Baked Beans
Apple/Fruit Cup

16

Fish Fillet on a Roll
Green Beans
Coleslaw
Assorted Fruit Cups

19

French Toast Sticks
Breakfast Sausage
Broccoli/Carrot/Celery Cup
Asst.Fruit Cup

20

Roast Turkey/Roll
Potatoes w/Gravy
Carrots (steamed)
Apple Slices/Fruit Cup

21

No School

22

23

26

Ultimate Cheeseburger on a Bun
French Fries (Lettuce, Tomato)
Baked Beans
Assorted Fruit

27

Homemade Spaghetti with Meat Sauce
Green Beans
WG Roll & Butter
Apple/Fruit Cup

28

Pepperoni OR Garlic Pizza
Carrot Cup/Dip
Assorted Fruit Cup

29

Chicken Nuggets /Roll
Rice
Corn
Banana/Fruit Cup

30

Macaroni and Cheese
Broccoli (steamed)
Whole Grain Roll
Assorted Fruit

A La Carte

PK-6
6oz Yogurt with String Cheese and Roll
PB&J Sandwich on Whole

SERVED DAILY
Assorted Fruit Cup
Fresh Fruit

CHOICE OF MILK
1% White, Fat Free-White, Fat Free-Chocolate, or Fat Free Strawberry

School News

November 12th –Veteran's Day—No School

November 21st-23rd – Thanksgiving Recess—No Classes

Meal Prices PK- 6

Lunch \$2.00

*Menu subject to change